

Bishop Barron has assembled some of the best resources on the Eucharist (articles, videos, bookstore, institute) <https://www.wordonfire.org/>

Mass videos (free): Bishop Robert Barron's The Mass

1. A privileged Encounter: 24:11 <https://mass.wordonfire.org/nowavailable>
2. Called out of the world: 23:06
3. God speaks our story: 24:17
4. Responding to God: 24:53
5. Preparing for sacrifice: 23:04
6. The real presence creates communion: 25:36

Books:

This is My Body (100 page, three chapter sharing on the Eucharist as sacred meal, sacrifice, and Real Presence)

The Holy Hour (prayer book with extensive resources for adoration)

A Letter from Bishop Barron

Friends,

In 2019, the Pew Forum released the results of a survey of Catholics that revealed that only one-third of those questioned subscribed to the Church's official teaching that Jesus is really, truly, and substantially present in the Eucharist under the signs or appearances of bread and wine. Fully two-thirds held that the Eucharistic elements are merely symbolic of Jesus' presence. Mind you, this was not a survey of the general population or of all Christians, but of Catholics. Whether you saw it as a failure in catechesis, preaching, theology, liturgy, or evangelization, it was an indication of a spiritual disaster.

Soon after I read these dispiriting statistics, I attended a meeting of the Administrative Committee of the United States Conference of Catholic Bishops, at which I said to the bishops around the table, "Brothers, I think we have a serious problem." At the end of the meeting, seven or eight of the other bishops came up to me and said, "What can we do to help?" From our conversations, the Eucharistic Revival, presently underway, was born. We resolved that there should be a concerted effort to restore a vibrant belief in the Eucharist and that this should take place at the local, regional, and national levels.

This Is My Body is designed to accompany the Eucharistic Revival. In this short book, I analyze the source and summit of the Christian life according to the categories of meal, sacrifice, and Real Presence. My sincere prayer is that it might help Catholics understand the sacrament of Jesus' Body and Blood more thoroughly, precisely so that they might fall in love with the Lord more completely.

But I need your help. My Word on Fire team has made this book as inexpensive as possible, pricing it at only \$2 per copy in the hopes of getting it into the hands of one million Catholics. I humbly ask that you do three things to help support the Eucharistic Revival: (1) spread the word about this book and about the revival; (2) consider giving a copy of this book to your Catholic friends and family members, and approach your pastor about placing a bulk order for your whole parish; and, most importantly, (3) pray for the Eucharistic Revival and for an increase of faith in the Real Presence of Jesus in the Eucharist.

*Thank you, and may God bless you,
Bishop Robert Barron
Bishop of the Diocese of Winona-Rochester*