

ST. THOMAS MORE CATHOLIC CHURCH



www.stmparadise.net | 530.877.4501 | Email: office@stmparadise.org

About St. Thomas More

Priest Supvr. Fr Martin J. Ramat
Deacons Mike Mangan, Gary Zellmer, Ray Helgeson
Parish Steward Greg Kidder
Secretary Maresa Kelly
Religious Education Sandra Rodriguez

St. Thomas More Catholic Church
 767 Elliott Rd. Paradise, CA 95969
 Office Hrs: Mon. - Thurs. 9a-2p
 530.877.4501 (Office closed Fri)
Mass: Sunday at Noon
CONFESSION 1st Wednesday 5P - 6P

Important Dates

11FEB: Valentine's Day Sunday Brunch after Mass \$10
 13FEB: Grupo de Apoyo Paradise de Mujeres STM 10A
14FEB: Ash Wednesday STM 12P
14FEB: Miércoles de Ceniza STM 12P
 16FEB: Divine Mercy Chaplet & Prayer for Peace STM 3P
 16FEB: Soup & Stations of the Cross STM 6P
 16FEB: Sopa y Estaciones de la Cruz STM 6P

Sunday Readings

Sixth Sunday in Ordinary Time
VI Domingo Ordinario
1st Reading Leviticus 13:1-2, 44-46
Psalm 32:1-2, 5, 11
 I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.
 Perdona, Señor, nuestros pecados.
2nd Reading 1 Corinthians 10:31-11:1
Gospel Mark 1:40-45



MEDITATION OF THE DAY

Union with Christ in Suffering and Sickness
The Book of Ecclesiastes tells us that there is a time to be born, and a time to die. There are several indications that announce that the
Meditation of the Day continues on next page

FEBRUARY INTENTIONS of the HOLY FATHER

For the terminally ill
 We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Para los enfermos terminales
 Oramos para que quienes padecen una enfermedad terminal y sus familiares reciban el cuidado y acompañamiento físico y espiritual necesario.

MASS INTENTIONS FOR SUNDAY FEBRUARY 11TH

Karen Phillips †
 Larry Campbell †
 Steven Brown †

For the intentions of Jeanie Avery on her birthday.

PRAYERS FOR THE SICK LET US PRAY FOR



Billy Ahumada
 Cathy Larsen
 John Johnson
 Angela Babcock
 Sharon Calhoun
 Barbara Collins
 James & Lillian Daley
 Victor Garcia

Rod Mongomery
 Carrie Sue Sonsteng
 Sam Kempner
 Larry Penna
 Denise Hughes
 Kimberly Helgeson Avoy
 Diana Wise
 Bill Bechtold

Sofia Garcia
 Bruce Hasek
 Barbara Maldonado
 Adriana Sepulveda
 Senona Gonzalez
 Samia Zumout
 Karen Reynolds
 Patricia Laird



This Week's Readings

SIXTH WEEK IN ORDINARY TIME

Monday; February 12th

1st Reading: James 1:1-11
 Psalm 119:67, 68, 71, 72, 75, 76
 Be kind to me, Lord, and I shall live.
 Gospel: Mark 8:11-13

Tuesday; February 13th

1st Reading: James 1:12-18
 Psalm 94:12-13a, 14-15, 18-19
 Blessed the man you instruct, O Lord.
 Gospel: Mark 8:14-21

Wednesday; February 14th ASH WEDNESDAY

1st Reading: Joel 2:12-18
 Psalm 51:3-4, 5-6ab, 12-13, 14, 17
 Be merciful, O Lord, for we have sinned.
 2nd Reading: 2 Corinthians 5:20 - 6:2
 Gospel: Matthew 6:1-6, 16-18

Thursday; February 15th THURSDAY AFTER ASH WEDNESDAY

1st Reading: Deuteronomy 30:15-20
 Psalm 1:1-2, 3, 4 and 6
 Blessed are they who hope in the Lord.
 Gospel: Luke 9:22-25

Friday; February 16th FRIDAY AFTER ASH WEDNESDAY

1st Reading: Is 58:1-9a
 Psalm 51:3-4, 5-6ab, 18-19
 A heart contrite & humbled, O God, you will not spurn.
 Gospel: Matthew 9:14-15

Saturday; February 17th SATURDAY AFTER ASH WEDNESDAY

1st Reading: Isaiah 58:9b-14
 Psalm 86:1-2, 3-4, 5-6
 Teach me your way, O Lord, that I may walk in your truth.
 Gospel: Luke 5:27-32



Meditation of the Day continued from front page.

MEDITATION OF THE DAY Union with Christ in Suffering and Sickness

*conclusion of our earthly pilgrimage is not far off. Aches and pains begin. One begins to forget things more than before. One goes from one specialized doctor to another. Sometimes the doctors, in a delicate way, make the patient draw the conclusion that the physicians have done their best, but nature will run its course.... Someone has remarked that Pope John Paul II taught us more from the wheelchair than from his fourteen encyclical letters. This is a way of underlining his complete acceptance of the will of God, which came to him by way of so many hospitalizations and surgical interventions, and difficulty in walking & even in speaking. **He lived personally his apostolic letter Salvifici Doloris** [On the Christian Meaning of Human Suffering] of February 11, 1984. The Letter to the Hebrews advises us: Remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith (13:7)....*

***The Christian lives in Christ and dies in him.** Blessed are the dead who from now on die in the Lord. Blessed indeed, says the Spirit, that they may rest from their labors, for their deeds follow them (Rv 14:13). For to me to live is Christ, and to die is gain, says Saint Paul. Saint Peter shows great serenity at the thought of the fact that death is not far away, but at the same time he does not forget the people entrusted to him. He wrote them: I know that the putting off of my body will be soon, as our Lord Jesus Christ showed me. And I will see to it that after my departure you may be able at any time to recall these things (2 Pt 1:14-15).*

***The death of a Christian has great value when the person has lived in union with Christ.** Moreover, death teaches us all, in a rather drastic way, that we must leave everything and follow Jesus. A believer can and should strive to live this truth all the years of his earthly pilgrimage. Christian life is a life of hope. Eternal life is "like plunging into the ocean of infinite love" (Benedict XVI). Jesus reassures us: I will see you again and your hearts will rejoice, and no one will take your joy from you (Jn 16:22). At death, the Christian leaves behind everything on earth, but then he finds God, and, finding him, he has eternal life. -FRANCIS CARDINAL ARINZE*

Cardinal Arinze is a Nigerian archbishop and cardinal and a former prefect of the Congregation of Divine Worship and the Discipline of the Sacraments. He was the first African cardinal to head a Vatican office. / From Meeting Jesus and Following Him: A Retreat Given to Pope Benedict XVI and the Papal Household. © 2010, Ignatius Press, San Francisco, CA. www.ignatius.com.

Excerpt from Magnificat Magazine, Meditation of the Day, February 11, 2024



Today, couples worldwide are called by God to invest in their relationships & let that love radiate out into the whole world and foremost to their own families.

Día Mundial del Matrimonio II de febrero de 2024 *Hoy en día, Dios llama a las parejas de todo el mundo a invertir en sus relaciones y dejar que ese amor irradie al mundo entero y, sobre todo, a sus propias familias.*





¡Bienvenidos a febrero, el mes dedicado a la Sagrada Familia de Jesús, María y José! Esta devoción especial ofrece a la Sagrada Familia de Jesús, María y José como modelo de virtud para todos los hogares cristianos.

Comenzó en el siglo XVII, casi simultáneamente en Canadá y Francia con la Asociación de la Sagrada Familia, fundada en Montreal en 1663, mientras que las Hijas de la Sagrada Familia se fundaron en París en 1674. La devoción pronto se extendió y en 1893 el Papa León XIII expresó su aprobación de una fiesta y compuso parte del Oficio. Debido a la huida de la Sagrada Familia a Egipto, los coptos han celebrado esta fiesta desde los primeros tiempos. Los sucesivos Pontífices acogieron la fiesta como un medio eficaz para hacer comprender a los cristianos el ejemplo de la Sagrada Familia de Nazaret. Su Santidad el Papa León XIII dijo: "Nada puede ser verdaderamente más saludable o eficaz para la meditación de las familias cristianas que el ejemplo de esta Sagrada Familia, que abraza la perfección y la plenitud de todas las virtudes domésticas".

El Avivamiento Eucarístico y la Sagrada Familia

Mientras continúa el Avivamiento Eucarístico, esta iniciativa de tres años lanzada en 2022 en la Solemnidad del Santísimo Cuerpo y Sangre de Cristo, o Corpus Christi, nos recuerda el imperativo esencial y continuo de descubrir la relación entre la Eucaristía y la vida familiar. El Papa Juan Pablo II escribió: "En el don eucarístico de la caridad la familia cristiana encuentra el fundamento y el alma de su comunión y de su misión" (Carta sobre la Familia, n. 57).

—Extracto de *La Sagrada Familia modela lo que debería ser la vida familiar* —Arzobispo Charles J. Chaput, O.F.M. Gorra

Hoy es el Día Mundial del Matrimonio 11 de febrero

El Día Mundial del Matrimonio enfatiza la belleza del matrimonio y honra a los esposos y esposas por su fidelidad y sacrificios. En la cultura popular, el Día de San Valentín romantiza el matrimonio y el amor de los cónyuges, pero la realidad del amor conyugal es que no siempre es fácil. Sin embargo, como católicos celebramos la indisolubilidad del matrimonio, es decir, que es una relación exclusiva, fiel y de por vida, porque ese compromiso brinda a los cónyuges una gran libertad para ser plenamente ellos mismos el uno con el otro. Es un hermoso regalo, dado con fe, esperanza y amor, y es una buena noticia para un mundo que se vuelve cada vez más escéptico acerca de los vínculos del amor humano y la vida familiar. Pero también requiere una apertura permanente al cambio y al crecimiento. Cada pareja casada comprende que a veces no cumplimos con nuestros compromisos e ideales, y esos son los momentos en los que más necesitamos el toque sanador y la guía de Jesucristo... Como ha dicho el Papa Francisco: "El amor indulgente de Dios siempre acompaña nuestro camino humano; por la gracia, sana y transforma los corazones endurecidos, conduciéndolos de regreso al principio a través del camino de la cruz". (Amoris Laetitia, 62)

Día Mundial del Matrimonio Oración por el Matrimonio (Ver inserto)

Welcome to February, the month devoted to the Holy Family of Jesus, Mary & Joseph! This special devotion offers the Holy Family of Jesus, Mary, and Joseph as the model of virtue for all Christian households. It began in the 17th century, starting almost simultaneously in Canada &

France with The Association of the Holy Family, founded in Montreal in 1663, while the Daughters of the Holy Family launched in Paris in 1674. The devotion soon spread and in 1893 Pope Leo XIII expressed his approval of a feast and he composed part of the Office. Because of the Holy Family's flight into Egypt this feast has been observed by the Coptics from early times. Succeeding Pontiffs welcomed the feast as an efficacious means to bring home to Christians the example of the Holy Family at Nazareth. His Holiness Pope Leo XIII said, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

The Eucharistic Revival & the Holy Family

As the Eucharistic Revival continues, this three-year initiative, launched in 2022 on the Solemnity of the Most Holy Body and Blood of Christ, or Corpus Christi, reminds us of the ongoing essential imperative to discover the relationship between the Eucharist and family life. Pope John Paul II wrote, "In the eucharistic gift of charity the Christian family finds the foundation and soul of its communion and its mission" (Letter on the Family, No. 57).

—Excerpt from *The Holy Family Models What Family Life Should Be* —Archbishop Charles J. Chaput, O.F.M. Cap.

Today is World Marriage Day February 11, 2024

World Marriage Day emphasizes the beauty of marriage and honors husbands and wives for their faithfulness and sacrifices. In popular culture, St. Valentine's Day romanticizes marriage and the love of spouses, but the reality of married love is that it is not always smooth sailing. Nevertheless, as Catholics we celebrate the indissolubility of marriage—meaning that it is an exclusive, faithful, and lifelong relationship—because that commitment gives spouses a great freedom to be fully themselves with each other. It is a beautiful gift, given in faith, hope, and love, and it is good news for a world that is becoming more and more skeptical about the bonds of human love and family life. But it also requires a lifelong openness to change and to grow. Every married couple understands that we sometimes fall short of our commitments and ideals, and those are the moments when we most need the healing touch and guidance of Jesus Christ... As Pope Francis has said, "God's indulgent love always accompanies our human journey; through grace, it heals and transforms hardened hearts, leading them back to the beginning through the way of the cross." (Amoris Laetitia, 62)

World Marriage Day A Prayer for Marriage (see insert)

Source: <https://cacatholic.org/wp-content/uploads/2024/01/English->

PARISH UPDATES

The STM DateBook

☑ **TODAY!** Feb. 11 | **¡HOY!**; 11 de febrero

Knights of Columbus Valentine's Day Brunch STM after Mass; \$10 per person
Caballeros de Colón Brunch de San Valentín STM después de misa, Entradas: \$10 por persona

☑ **Tuesday, Feb. 13 | Martes 13 de febrero**
Grupo de Apoyo Paradise de Mujeres STM 10A

☑ **Wednesday, Feb. 14 | Miércoles 14 de febrero**
Ash Wednesday STM 12P | Miércoles de Ceniza STM 12P

☑ **Friday, Feb. 16 | Viernes 16 de febrero**
Divine Mercy Chaplet STM 3P | Coronilla de la Divina Misericordia STM 3P
Soup & Stations of the Cross STM 6P | Sopa y Estaciones de la Cruz STM 6P

☑ **Sunday, Feb. 18 | Domingo 18 de febrero**
We will pray the Rosary 20 minutes before Mass.
Rezaremos el Rosario 20 minutos antes de la Misa.

☑ **Tuesday, Feb. 20 | Martes 20 de febrero**
Lectio Divina (Divine Reading) Contemplation & Meditation Session STM 6P
Sesión de contemplación y meditación de Lectio Divina (Lectura Divina) STM 6P

☑ **Wednesday, Feb. 21 | Miércoles 21 de febrero**
Lectio Divina (Divine Reading) Contemplation & Meditation Session STM 10A
Sesión de contemplación y meditación de Lectio Divina (Lectura Divina) STM 10A

☑ **Tuesday, Feb. 27 | Martes 27 de febrero**
Grupo de Apoyo Paradise de Mujeres STM 10A

¡Feliz Día Mundial del Matrimonio!

Happy World Marriage Day!

All are invited

**to the St. Thomas More Parish Lenten Series
Lectio Divina (Divine Reading)**

Leading to meditation and contemplation in light of Teresa of Avila, Thomas Kempis, and Thomas Keating.

Consider adding extra prayer & reflection to your life this Lent.

The sessions will be led by Deacon Tom & Deacon Mike for four weeks with two times available.

6 p.m. Sessions

Tues.; Feb. 20

Tues.; Feb. 27

Tues.; March 5

Tues.; March 12

10 a.m. Sessions

Wed.; Feb. 21

Wed.; Feb. 28

Wed.; March 6

Wed.; March 13

The St. Thomas More Parish family offers our most sincere condolences to the family and friends of **Jerry Hegenbart who passed away Feb. 4.** A Rosary Feb. 19 at Brusie Funeral Home in Chico. The Funeral Mass will be at STM on Tues., Feb. 20 at 10:30A.

Please add Jerry Hegenbart to your prayers.

Got palm branches from last year's Palm Sunday Mass? We need them. Please bring your palms back to church.

Questions? See Greg Kidder or Maresa Saavedra



**TODAY
AFTER
MASS!**

Love Valentine's Day *Love*
BRUNCH

SUNDAY, FEBRUARY 11

ST. THOMAS MORE,
PARADISE
IMMEDIATELY
FOLLOWING NOON
MASS

\$10

