

ST. THOMAS MORE CATHOLIC CHURCH



www.stmparadise.net | 530.877.4501 | Email: office@stmparadise.org

About St. Thomas More

Priest Supvr. Fr Martin J. Ramat
Deacons Mike Mangan, Gary Zellmer, Ray Helgeson
Parish Steward Greg Kidder
Secretary Maresa Kelly
Religious Education Sandra Rodriguez

St. Thomas More Catholic Church
 767 Elliott Rd. Paradise, CA 95969
 Office Hrs: Mon. - Thurs. 9a-2p
 530.877.4501 (Office closed Fri)
Mass: Sunday at Noon
CONFESSION 1st Wednesday 5P - 6P

Important Dates

28JAN: STM DIRECTORY SIGNUPS TODAY!
28JAN: ¡Regístrese hoy en el directorio de STM!
 29JAN: Matthew Younger Funeral Mass STM 11A
 31JAN: Gabrielle Frederick Funeral ODS 10A
 03FEB: ADORATION STM 10A
04FEB: Crown Rosary NEW TIME 30mins b4 Mass!
 07FEB: Sacrament of Reconciliation STM 5P

Sunday Readings

Fourth Sunday in Ordinary Time
 IV Domingo Ordinario

1st Reading Deuteronomy 18:15-20

Psalms 95:1-2, 6-7, 7-9

If today you hear his voice, harden not your hearts.
 Señor, que no seamos sordos a tu voz.

2nd Reading 1 Corinthians 7:32-35

Gospel Mark 1:21-28



MEDITATION OF THE DAY

Not to Destroy but to Give Life

A man who has lost his faith in God will ordinarily hide from the deeper loneliness of soul that accompanies his time of unbelief. He is loath to

Meditation of the Day continues on next page

JANUARY INTENTIONS of the HOLY FATHER

For the gift of diversity in the Church

We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

Por el don de la diversidad en la Iglesia

Oramos para que el Espíritu Santo nos ayude a reconocer el don de los diferentes carismas dentro de la comunidad cristiana y a descubrir la riqueza de las diferentes tradiciones y rituales en la Iglesia Católica.

MASS INTENTIONS FOR SUNDAY JANUARY 28TH

Matthew Younger †

PRAYERS FOR THE SICK LET US PRAY FOR

Billy Abumada
 Cathy Larsen
 John Johnson
 Angela Babcock
 Sharon Calboun
 Barbara Collins
 James & Lillian Daley
 Victor Garcia

Rod Montgomery
 Karen Phillips
 Carrie Sue Sonsteng
 Sam Kempner
 Larry Penna
 Denise Hughes
 Kimberly Helgeson Avoy
 Diana Wise

Sofia Garcia
 Bruce Hasek
 Barbara Maldonado
 Adriana Sepulveda
 Senona Gonzalez
 Samia Zumout
 Karen Reynolds
 Patricia Laird

This Week's Readings

FOURTH WEEK IN ORDINARY TIME

Monday; January 29th

1st Reading: 2 Samuel 15:13-14, 30; 16:5-13
 Psalm 3:2-3, 4-5, 6-7
 Lord, rise up and save me.
 Gospel: Mark 5:1-20

Tuesday; January 30th

1st Reading: 2 Samuel 18:9-10, 14b, 24-25a, 30 –19:3
 Psalm 86:1-2, 3-4, 5-6
 Listen, Lord, and answer me.
 Gospel: Mark 5:21-43

MEMORIAL OF SAINT JOHN BOSCO, PRIEST

Wednesday; January 31st

1st Reading: 2 Samuel 24:2, 9-17
 Psalm 32:1-2, 5, 6, 7
 Lord, forgive the wrong I have done
 Gospel: Mark 6:1-6

Thursday; February 1st

1st Reading: 1 Kings 2:1-4, 10-12
 Psalm 1 Chronicles 29:10, 11ab, 11d-12a, 12bcd
 Lord, you are exalted over all.
 Gospel: Mark 6:7-13

FEAST OF THE PRESENTATION OF THE LORD

Friday; February 2nd

1st Reading: Malachi 3:1-4
 Psalm 24:7, 8, 9, 10
 Who is this king of glory? It is the Lord!
 2nd Reading: Hebrew 2:14-18
 Gospel: Luke 2:22-40 or 2:22-32

Saturday; February 3rd

1st Reading: 1 Kings 3:4-13
 Psalm 119:9, 10, 11, 12, 13, 14
 Lord, teach me your statutes.
 Gospel: Mark 6:30-34



Meditation of the Day continued from front page.

MEDITATION OF THE DAY Not to Destroy but to Give Life

face his real aloneness and inner absence.

But if he recovers his religious faith, it is impossible to ignore the change within his soul. No more does he feel as if trapped in a closed room of senseless partitions and blocked entryways, looking for exits and finding none. A door has opened, a release has taken place.

Perhaps no one in that new state of soul can say whether he has escaped a confinement or if someone else has entered and ended his isolation. What is known is that his soul is no longer alone.

Companionship with God can seem a simple occurrence in those days and an easy delight. And there can be a naive expectation that the friendship is only beginning and will be permanently enjoyed in this manner. But the gift is temporary, an interlude before the real friendship begins.

In time a new experience of solitude introduces itself, a different loneliness that has changed along with the change in the soul. A man comes to know it in seeking a Lord who hides himself more often and in waiting for his return in prayer, a wait that may stretch at times beyond days and weeks. Once, however, the waiting and the loneliness are understood as a new form of gift, a hunger for God can commence that has no limit over a lifetime. If a man is faithful to returning to it and does not fear it, nothing in this life can diminish that hunger and nothing can replace it. -FATHER DONALD HAGGERTY

Father Haggerty, a priest of the Archdiocese of New York, serves at Saint Patrick's Cathedral in New York City. / From Conversion: Spiritual Insights into an Essential Encounter with God. © 2017, Ignatius Press, San Francisco, CA. www.ignatius.com.

Excerpt from Magnificat Magazine, Meditation of the Day, January 28, 2024

**New
for
2024**

Secular Franciscan Crown Rosary time change to 30 minutes before Mass on the 1st Sunday.

La hora del Rosario de la Corona Franciscana Seglar cambia el primer domingo a 30 minutos antes de la Misa.



Enero está tradicionalmente dedicado al Santo Nombre de Jesús. Según la tradición católica, cada mes del año se centra en un aspecto de nuestra fe. La devoción de enero nos da un mes entero para honrar el Santo Nombre de Jesús. Su fiesta, el 3 de enero, es celebrada por la Iglesia católica desde el siglo XV.

¿No es hermoso que nuestra Iglesia nos regale un día (¡y un mes!) especial para meditar sobre el misterio de la acción salvadora de Dios en nuestras vidas a través de Su Hijo? El nombre de

Jesús es santo. Por eso lo honramos y por eso tomar Su divino nombre en vano es un pecado tan grave.

Su nombre es poderoso: sanador, transformador y eficaz. Debemos profundizar nuestra devoción a Él invocándolo frecuentemente a lo largo de nuestro día y de nuestra vida. Su nombre, Jesús, significa "Dios salva". Jesús mismo reveló el poder de Su Santo Nombre:

"De cierto, de cierto os digo, que si pidéis algo al Padre, os lo dará en mi nombre". – Juan 16:23

Sus Apóstoles rápidamente predicaron y sanaron a través del poder de Su Nombre: "[S]e notorio a todos vosotros, y a todo el pueblo de Israel, que en el nombre de Jesucristo de Nazaret... este hombre está delante de vosotros [sanado]." – Hechos 4:10

Agregar Devoción al Santo Nombre a nuestra rutina diaria

Aquí hay cinco maneras de agregar esta devoción a nuestras rutinas diarias:

1. **Rezar diariamente las Letanías del Santo Nombre de Jesús.** (Ver inserto)
2. **Ore para aumentar la reverencia por Jesús y Su Santo Nombre** mientras reza las Letanías; y orar en reparación por cómo se usa Su Nombre en vano.
3. **Haz la señal de la cruz** al pasar por una iglesia católica.
4. **Incline la cabeza** cuando se pronuncie el Nombre de Jesús durante la Misa o mientras lee las Escrituras.
5. **Ofrezca una oración silenciosa** cuando escuche que el Nombre del Señor se usa en vano.

Fuente: <https://aleteia.org/2021/01/01/pray-this-psalm-to-glorify-jesus-holy-name/>
<https://www.catholicbrain.com/content/793724/1/practicing-devotion-the-holy-name-of-jesus>

Fuente de oración: <https://www.usccb.org/prayers/litany-holy-name-jesus>



January is traditionally dedicated to the Holy Name of Jesus. According to Catholic tradition, each month of the year focuses on an aspect of our faith. January's devotion gives us a whole month to honor the Holy Name of Jesus. His feast, January 3rd, has been celebrated by the Catholic Church since the 15th century.

Isn't it beautiful that our Church gives us a special day (and month!) to meditate on the mystery of God's saving action in our lives through His Son? Jesus' name is holy. That's why we honor it

and why taking His divine name in vain is such a grave sin.

His name is powerful: healing, transforming, and efficacious. We should deepen our devotion to it by frequently calling upon Him throughout our day and throughout our lives. His name, Jesus, means "God saves". Jesus Himself revealed the power of His Holy Name: "Truly, truly, I say to you, if you ask anything of the Father, he will give it to you in my name." – John 16:23

His Apostles promptly preached and healed thru the power of His Name: "[B]e it known to you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth... this man is standing before you [healed]." – Acts 4:10

Adding Devotion to The Holy Name to Our Daily Routine

Here are five ways to add this devotion into our daily routines:

1. **Daily pray the Litany of the Holy Name of Jesus.** (See insert)
2. **Pray to increase reverence for Jesus and His Holy Name** while praying The Litany; and pray in reparation for how His Name is used in vain.
3. **Make the Sign of the Cross** as you pass by a Catholic Church.
4. **Bow your head** when the Name of Jesus is spoken during Mass or while reading scripture.
5. **Offer a silent prayer** when you hear the Lord's Name used in vain.

Source: <https://aleteia.org/2021/01/01/pray-this-psalm-to-glorify-jesus-holy-name/>
<https://www.catholicbrain.com/content/793724/1/practicing-devotion-the-holy-name-of-jesus>

Prayer source: <https://www.usccb.org/prayers/litany-holy-name-jesus>

PARISH UPDATES

The STM DateBook

☑ **Sunday, Jan. 28 | Domingo; 21 de enero**

Sign-ups for picture taking today for the STM Directory. After Mass in the narthex.

Regístrese hoy para tomar fotografías en el Directorio STM. Después de la Misa en el nártex.

☑ **Saturday, Feb. 3 | Sábado 3 de febrero**

Adoration! STM 10A | ¡Adoración! 10 A STM

☑ **Sunday, Feb. 4 | Domingo; 4 de febrero**

*Franciscans Crown Rosary & Christian Prayer
NEW TIME: 30 minutes before Mass.*

*Rosario de la Corona Franciscana y Oración Cristiana **NUEVO TIEMPO:** 30 minutos antes de la Misa.*

☑ **Saturday, Feb. 10 | sábado 10 de febrero**

Women of STM Meeting at STM 10A

SIGN-UPS OPEN FOR PARISH DIRECTORY!

Sign-ups for picture taking now open for the new STM Parish Directory. Lori Mac Phail will head the team. Chris Pena will handle all photography assisted by Chris Rehmann. Please go to the narthex after Mass to sign up on the designated sign-up sheet! (Note! All photo sessions will be after Mass on the Sundays designated.)

Questions? See Lori MacPhail or Chris Rehmann.



¡Regístrese hoy para el Directorio Parroquial!

Las inscripciones para tomar fotografías ya están abiertas para el nuevo Directorio Parroquial de STM. Lori Mac Phail encabezará el equipo. Chris Peña se encargará de toda la fotografía con la ayuda de Chris Rehmann.

¡Por favor vaya al vestíbulo después de la Misa para registrarse en la hoja de registro designada! (¡Nota! Todas las sesiones de fotos serán después de la Misa los domingos designados).

SIGN UP NOW FOR THE STM WOMEN'S



RETREAT in CITRUS HEIGHTS FEBRUARY 2 TO 4

All women of the parish are invited to a retreat at Christ the King Passionist Retreat Center Friday, Feb.2 thru Sunday, Feb. 4. The season's theme, *The Kingdom of God is at Hand.*

Register online at ChristTheKingRetreatCenter.org or by calling the retreat center at 916.725.4720 x307 or 301. Or pick up a registration sheet in the narthex, complete and mail it to the address listed on the flyer.

Cost is \$250 for a single room or \$230 per person for a double. Includes the retreat conference and all meals.

The **Matthew Younger** Funeral Mass will be held January 29 at St. Thomas More at 11A.

Gabrielle Frederick services will be held January 31 at Our Divine Savior in Chico. Rosary 10A Funeral Mass 10:30A

Please add Matthew & Gabrielle to your prayers.



Valentine's Day BRUNCH

SUNDAY, FEBRUARY 11

ST. THOMAS MORE,

PARADISE

IMMEDIATELY FOLLOWING NOON MASS

\$10

