

ST. THOMAS MORE CATHOLIC CHURCH



www.stmparadise.net | 530.877.4501 | Email: office@stmparadise.org

About St. Thomas More

Priest Supvr. Fr Martin J. Ramat
Deacons Mike Mangan, Gary Zellmer, Ray Helgeson
Parish Steward Greg Kidder
Secretary Maresa Kelly
Religious Education Sandra Rodriguez

St. Thomas More Catholic Church
 767 Elliott Rd. Paradise, CA 95969
 Office Hrs: Mon. - Thurs. 9a-2p
 530.877.4501 (Office closed Fri)
Mass: Sunday at Noon

CONFESSION 1st Wednesday 5P - 6P

Important Dates

04FEB: Crown Rosary today 30mins b4 Mass!
04FEB: Secular Franciscan Meeting today after Mass
04FEB: LAST STM DIRECTORY SIGNUP TODAY!
04FEB: ¡Regístrese hoy en el directorio de STM!
 07FEB: Sacrament of Reconciliation STM 5P
 10FEB: Women of STM Meeting STM 10A
 11FEB: Valentine's Day Sunday Brunch after Mass \$10

Sunday Readings

Fifth Sunday in Ordinary Time
V Domingo Ordinario

1st Reading Job 7:1-4, 6-7

Psalms 147:1-2, 3-4, 5-6

Praise the Lord, who heals the brokenhearted.
 Alabemos al Señor, nuestro Dios.

2nd Reading 1 Corinthians 9:16-19, 22-23

Gospel Mark 1:29-39



MEDITATION OF THE DAY

Recognizing Our Need for Christ's Healing
The Church is man's real educator; she forces him to look at reality, the whole of reality, in the face. But she only dares to do so because she
Meditation of the Day continues on next page

FEBRUARY INTENTIONS of the HOLY FATHER

For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Para los enfermos terminales

Oramos para que quienes padecen una enfermedad terminal y sus familiares reciban el cuidado y acompañamiento físico y espiritual necesario.

MASS INTENTIONS FOR SUNDAY FEBRUARY 4TH

Antonia Reyes †
 Manuel Reyes †
 Karen Phillips †

PRAYERS FOR THE SICK LET US PRAY FOR

Billy Abumada
 Cathy Larsen
 John Johnson
 Angela Babcock
 Sharon Calboun
 Barbara Collins
 James & Lillian Daley
 Victor Garcia

Rod Montgomery
 Carrie Sue Sonsteng
 Sam Kempner
 Larry Penna
 Denise Hughes
 Kimberly Helgeson Avoy
 Diana Wise

Sofia Garcia
 Bruce Hasek
 Barbara Maldonado
 Adriana Sepulveda
 Senona Gonzalez
 Samia Zumout
 Karen Reynolds
 Patricia Laird

This Week's Readings

FIFTH WEEK IN ORDINARY TIME

Monday; February 5th MEMORIAL OF ST. AGATHA, VIRGIN AND MARTYR

1st Reading: 1 Kings 8:1-7, 9-13
 Psalm 132:6-7, 8-10
 Lord, go up to the place of your rest!
 Gospel: Mark 6:53-56

Tuesday; February 6th MEMORIAL OF ST PAUL MIKI & COMPANIONS, MARTYRS

1st Reading: 1 Kings 8:22-23, 27-30
 Psalm 84:3, 4, 5 and 10, 11
 How lovely is your dwelling place, Lord, mighty God!
 Gospel: Mark 7:1-13

Wednesday; February 7th

1st Reading: 1 Kings 10:1-10
 Psalm 37:5-6, 30-31, 39-40
 The mouth of the just murmurs wisdom.
 Gospel: Mark 7:14-23

Thursday; February 8th

1st Reading: 1 Kings 11:4-13
 Psalm 106:3-4, 35-36, 37 and 40
 Remember us, O Lord, as you favor your people.
 Gospel: Mark 7:24-30

Friday; February 9th

1st Reading: 1 Kings 11:29-32; 12:19
 Psalm 81:10-11ab, 12-13, 14-15
 I am the Lord, your God: hear my voice.
 Gospel: Mark 7:31-37

Saturday; February 10th MEMORIAL OF SAINT SCHOLASTICA, VIRGIN

1st Reading: 1 Kings 12:26-32; 13:33-34
 Psalm 106:6-7ab, 19-20, 21-22
 Remember us, O Lord, as you favor your people.
 Gospel: Mark 8:1-10

Meditation of the Day continued from front page.

MEDITATION OF THE DAY Recognizing Our Need for Christ's Healing

possesses the ability to rob [the devil of his] power.... She has no illusions about the fearsome size of the invisible forces she must fight in order to free man. However, she can fearlessly measure them...for she has on her side the "Stronger one" spoken of in the Gospel (Mk 3:23-30), who has conquered the "strong" and deprived it of all its weapons.

It is extremely important that initiation into Christianity should start from these premises, disturbing and disconcerting as they may look at first sight.... The divine Word shows us what we are involved in, whether we know it or not and whether we like it or not. We are the prisoners of nefarious powers that transcend us. They have gained possession of us through the cowardice and compromises which sin involves and whose significance we had not suspected. Or rather before we had begun to suspect it, we are already the stake in a struggle begun by the Creator himself to rescue us from this slavery and to lead us into the glorious freedom of his children. Now our true position has been revealed to us for the first time in its full scope, and the crucial question that arises is whether or not, now that we know we are the stake in this battle fought by Christ on our behalf and continued by the Church down to our own day, we are going to make it our own.

That is why adopting the Christian faith means taking up the cross, in the sense the crusaders gave to the expression. It means not only being ready to stand up for one's beliefs but actually enlisting, equipped with the appropriate arms, in this struggle in which the prize is our true freedom and, with it, the liberation of this whole universe.

We can hear the Church, like the Apostle, showing us this prize as she groans with ineffable sighs and suffers the pangs, as it were, of a final birthing (Rom 8:18-25): that of the new creature who is no longer the slave of evil but the living Body of Christ and hence the Temple of the Spirit. -FATHER LOUIS BOUYER

Father Bouyer († 2004) was a French priest, theologian, author, and convert. He was a member of the Congregation of the Oratory of Jesus and Mary Immaculate. / From Christian Initiation, J.R. Foster, Tr. © 2018 by Cluny Media, P.O. Box 1664, Providence, RI 02901.

Excerpt from Magnificat Magazine, Meditation of the Day, February 4, 2024

**New
for
2024**

Secular Franciscan Crown Rosary time change to 30 minutes before Mass starting today! We will pray the Rosary starting at 11:30A

La hora del Rosario de la Corona Franciscana Seglar cambia el primer domingo a 30 minutos antes de la Misa.





¡Bienvenidos a febrero, el mes dedicado a la Sagrada Familia de Jesús, María y José!

Esta devoción especial ofrece a la Sagrada Familia de Jesús, María y José como modelo de virtud para todos los hogares cristianos. Comenzó en el siglo XVII, casi simultáneamente en Canadá y Francia con la Asociación de la Sagrada Familia, fundada en Montreal en 1663, mientras que las Hijas de la Sagrada Familia se fundaron en París en 1674. La devoción pronto se extendió y en 1893 el Papa León XIII expresó su aprobación de una fiesta y compuso parte del Oficio. Debido a la huida de la Sagrada Familia a Egipto, los coptos han celebrado esta fiesta desde los primeros tiempos. Los sucesivos Pontífices acogieron la fiesta como un medio eficaz para hacer comprender a los cristianos el ejemplo de la Sagrada Familia de Nazareth. Su Santidad el Papa León XIII dijo: "Nada puede ser verdaderamente más saludable o eficaz para la meditación de las familias cristianas que el ejemplo de esta Sagrada Familia, que abraza la perfección y la plenitud de todas las virtudes domésticas".

El Avivamiento Eucarístico y la Sagrada Familia

Mientras continúa el Avivamiento Eucarístico, esta iniciativa de tres años lanzada en 2022 en la Solemnidad del Santísimo Cuerpo y Sangre de Cristo, o Corpus Christi, nos recuerda el imperativo esencial y continuo de descubrir la relación entre la Eucaristía y la vida familiar. El Papa Juan Pablo II escribió: "En el don eucarístico de la caridad la familia cristiana encuentra el fundamento y el alma de su comunión y de su misión" (Carta sobre la Familia, n. 57).
—Extracto de *La Sagrada Familia modela lo que debería ser la vida familiar* —Arzobispo Charles J. Chaput, O.F.M. Gorra.

Agregar una Devoción Familiar a nuestra rutina diaria

Es importante rezar en familia, especialmente el santo rosario. La oración nos ayuda a intensificar la cercanía unos con otros y aprender a perdonar.

Oración Familiar: Consagración de la Familia a la Sagrada Familia

Señor Jesucristo, que, estando sujeto a María y a José, santificó la vida doméstica con tus inefables virtudes; concédenos, con la ayuda de ambos, aprender del ejemplo de tu sagrada Familia y alcanzar su eterna comunión; Quien vive y reina en el mundo sin fin. Amén – Misal Romano

Fuente: https://www.catholicculture.org/culture/liturgicalyear/overviews/months/02_1.cfm

Fuente de oración: <https://www.usccb.org/prayers/litany-holy-name-jesus>

Welcome to February, the month devoted to the Holy Family of Jesus, Mary & Joseph!

This special devotion offers the Holy Family of Jesus, Mary, and Joseph as the model of virtue for all Christian households. It began in the 17th century, starting

almost simultaneously in Canada & France with The Association of the Holy Family, founded in Montreal in 1663, while the Daughters of the Holy Family launched in Paris in 1674.

The devotion soon spread and in 1893 Pope Leo XIII expressed his approval of a feast and he composed part of the Office.

Because of the Holy Family's flight into Egypt this feast has been observed by the Coptics from early times. Succeeding Pontiffs welcomed the feast as an efficacious means to bring home to Christians the example of the Holy Family at Nazareth.

His Holiness Pope Leo XIII said, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

The Eucharistic Revival & the Holy Family

As the Eucharistic Revival continues, this three-year initiative launched in 2022 on the Solemnity of the Most Holy Body and Blood of Christ, or Corpus Christi, reminds us of the ongoing essential imperative to discover the relationship between the Eucharist and family life. Pope John Paul II wrote, "In the eucharistic gift of charity the Christian family finds the foundation and soul of its communion and its mission" (Letter on the Family, No. 57).

—Excerpt from *The Holy Family Models What Family Life Should Be* —Archbishop Charles J. Chaput, O.F.M. Cap.

Adding Family Devotion to Our Daily Routine

It is important to pray as a family, especially the holy rosary. Prayer helps us to intensify closeness with each other and learn to forgive.

Family Prayer: Consecration of the Family to the Holy Family

Lord Jesus Christ, Who, being made subject to Mary and Joseph, hallowed domestic life by Your ineffable virtues; grant that we, with the assistance of both, may be taught by the example of Your holy Family and may attain to its everlasting fellowship; Who lives and reigns world without end. Amen – Roman Missal

Source: https://www.catholicculture.org/culture/liturgicalyear/overviews/months/02_1.cfm

Prayer source: <https://www.usccb.org/prayers/litany-holy-name-jesus>

PARISH UPDATES

The STM DateBook

☑ **Sunday, Feb. 4 | Domingo; 4 de febrero**

*Franciscans Crown Rosary & Christian Prayer today! **NEW TIME:** 30 minutes before Mass.*

*Rosario de la Corona Franciscana y Oración Cristiana **NUEVA HORA:** 30 minutos antes de la Misa.*

Last day to sign-up for pictures today for the STM Directory. After Mass in the narthex.

Último día para registrarse para recibir fotos hoy para el Directorio de STM. Después de la Misa en el nártex.

☑ **Wednesday, Feb. 7 | Miércoles 7 de febrero**

Sacrament of Reconciliation STM 5P | Sacramento de la Reconciliación 5P STM

☑ **Saturday, Feb. 10 | Sábado; 10 de febrero**

Women of STM Mtg STM 10A | Mujeres de STM 10A STM

☑ **Sunday, Feb. 11 | Domingo; 11 de febrero**

Knights of Columbus Valentine's Day Brunch STM after Mass; \$10 per person | Caballeros de Colón Brunch de San Valentín STM después de misa, Entradas: \$10 por persona

☑ **Tuesday, Feb. 13 | Martes 13 de febrero**

Grupo de Apoyo Paradise de Mujeres STM 10A

☑ **Wednesday, Feb. 14 | Miércoles 14 de febrero**

Ash Wednesday STM 12P | Miércoles de Ceniza STM 12P

☑ **Friday, Feb. 16 | Viernes 16 de febrero**

Divine Mercy Chaplet STM 3P | Coronilla de la Divina Misericordia STM 3P

Soup & Stations of the Cross STM 6P | Sopa y Estaciones de la Cruz STM 6P



The St. Thomas More Parish family offers our most sincere condolences to the family and friends of **Karen Phillips**. Her Funeral Mass will be at STM on Thurs., Feb. 8 at 10:30A.

Please add Karen Phillips to your prayers.

Got palm branches from last year's Palm Sunday Mass? We need them. Please bring your palms back to church.

Questions? See Greg Kidder or Maresa Saavedra




Valentine's Day
BRUNCH

SUNDAY, FEBRUARY 11

ST. THOMAS MORE,
PARADISE
IMMEDIATELY
FOLLOWING NOON
MASS

\$10




Last day for STM Parish Directory picture sign-ups is today! Please go to the narthex after Mass to sign up. **Questions?** See Lori MacPhail or Chris Rehmann.

¡El último día para inscribirse en fotografías del Directorio Parroquial de STM es hoy! Vaya al nártex después de la misa para registrarse. **¿Preguntas?** Véase Maresa Saavedra o Lori MacPhail o Chris Rehmann.

